FAQs - Maldives Aquathlon Championship 2026

An aquathlon is a multisport race consisting of continuous run and swim elements. Competitors complete a swim immediately followed by a run over various distances. Athletes compete for the fastest overall course completion, including the time transitioning between the disciplines.

Start and Finish Point:
The swim start and transition from swim to run will be on the beach. Athletes after completing the swimming component, will change into running attire and run the running course. Race finish line would be the run finish point.

Event Name: 2nd Maldives Aquathlon Championship 2026, organized by Swim Maldives.

Event Date: 13th November 2026 for the individual races and 14th November 2026 for the Team Relay events.

Location: Rasmathifannu Beach, Kulhuduffushi City, Maldives

Categories:

Elite Individual: 1 KM swim followed by a 5 KM run.

Sprint Individual: 500 M swim followed by a 2.5 KM run.

Discover Individual: 250 m swim followed by 1KM run. Designed specifically for children under 10 years old and beginner participants.

Team Relay: 2-member teams consisting of a swimmer and a runner. When swimmer starts the race, runners will stay at the designated area and wait for the swimmer. Once the swimmer finishes the swim component and tags the runner, the runner shall complete the running component. Swimmer may join the runner 50 m from the finish line and they may finish the race together.

Transition: Transitions boxes will be allocated on the waterfront. Athletes must place their running gear in the boxes allocated for them before the start of the race. After swim leg, participants will be required to stay inside their allocated boxes in T1 to change into running gear.

Team members will have to stay inside the T1 whilst the other members complete their course. Moving outside the T1 box may result in immediate disqualification of the team.

However, once the runner approaches the finish line, (50 meter to finish line) swimmer may join the runner to finish the race together.

Timing: Athletes will be given net (hand) time. The first to finish both segments win!

Cap on number of participants:

Elite Individual: 100 athletes
Sprint Individual: 100 athletes
Discover Individual: 50 athletes
Team Relay:
Elite & Sprint: 40 teams (80 athletes)
Discover: 10 teams (20 athletes)
Maximum total capacity: 350 athletes.

Each athlete may participate in one (1) Team Relay event only.

Age Groups:

Elite Individual:	Athletes aged 15 years and above
Sprint individual:	Athletes under 15 years
Discover Individual:	Minimum age 6 years on race day; no maximum age limit. Non-competitive race.
Team Relay:	The combined age of both athletes will determine the team category: Junior Category: Combined age of 22 years or below Senior Category: Combined age of 23–57 years Masters Category: Combined age of 58 years or above No male, female, or mixed categories will be recognized. Only Junior, Senior, and Masters categories will be awarded.

Fins and Assisted Devices:

Swimmers may use fins and non-motorized swim aids such as kickboards or pool noodles. Participants using any assisted device will not be eligible for podium positions.

	Elite Individual	Sprint individual	Discover Individual
Date	13th November 2026	13th November 2026	13th November 2026
Total Participants	100	100	50
Start Time	6:00 AM (TBD)	7:00 AM (TBD)	8:00 AM (TBD)
Distance	1 KM Swim / 5 KM Run	500 M Swim / 2.5 KM Run	250 M Swim / 1 KM Run
Cut off time	Swim: 60 minutes	Swim: 30 minutes	Swim: 30 minutes

	Run: 60 minutes Total: 2 hours	Run: 30 minutes Total: 1 hour	Run: 30 minutes Total: 1 hour
Tow float	Mandatory (available for purchase)	Mandatory (available for purchase)	Mandatory (available for purchase)
	Elite Team Relay Senior & Master	Sprint Team Relay Junior	Discover Team Relay
Date	14th November 2026	14th November 2026	14th November 2026
Total Participants	40 teams (80 athletes)	40 teams (80 athletes)	10 teams (20 athletes)
Start Time	6:00 AM (TBD)	7:00 AM (TBD)	8:00 AM (TBD)
Distance	1 KM Swim / 5 KM Run	500 M Swim / 2.5 KM Run	250 M Swim / 1K Run
Cut Off time	Swim: 60 minutes Run: 60 minutes Total: 2 hours	Swim: 30 minutes Run: 30 minutes Total: 1 hour	Swim: 30 minutes Run: 30 minutes Total: 1 hour
Tow float	Mandatory (available for purchase)	Mandatory (available for purchase)	Mandatory (available for purchase)

Prizes and awards

	Medal	Certificate	Cash Price
Elite Individual (1st, 2nd and 3rd place)	☑	☑	☑
Sprint individual (1st, 2nd and 3rd place)	☑	☑	☑
Elite Team Relay Senior Category (1st, 2nd and 3rd place) Masters Category (1st, 2nd and 3rd place)	☑ ☑	☑ ☑	☑ ☑
Sprint Team Relay Junior Category (1st, 2nd and 3rd place)	☑	☑	☑
All finishers	☑	-	-

Registration Fees

Individual – MVR 350
Team Relay – MVR 600

Race Kit: will include a race T-shirt, swim cap, race bib, and finisher medal upon completion of the race.